

Florida Pharmacy Association Regulatory and Law Conference May 19-20, 2018

## Telepharmacy: Path to the Telehealth Future

Christopher B. Sullivan, PhD

### Introduction to Speaker

Your speaker for this session is:

Christopher B. Sullivan, PhD

Statement of Disclosure:

"I have no vested interest or affiliation with any corporate organization offering financial support of grant money for this continuing education program, or any affiliation with an organization whose philosophy could potentially bias my presentation."



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Telepharmacy: Path to the Telehealth Future









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NEWSLETTER OF THE NATIONAL ASSOCIATION OF BOARDS OF PHARMACY Task Force on the Regulation of Telepharmacy Practice met on October 24-25, 2016, **NABP Task Force Recommends Expanding Telepharmacy Regulations** 

https://nabp.pharmacy/wpcontent/uploads/2016/07/Innovations\_June\_July\_Final.pdf



Scanned image of an tag appended to a bag with my prescription in it, courtesy of a large pharmacy company.



#### **State and National Boards**

MODEL POLICY FOR THE APPROPRIATE USE OF TELEMEDICINE TECHNOLOGIES IN THE PRACTICE OF MEDICINE

Report of the State Medical Boards' Appropriate Regulation of Telemedicine (SMART) Workgroup

Adopted as policy by the Federation of State Medical Boards in April 2014

Section Three. Definitions For the purpose of these guidelines, the following definitions apply: "Telemedicine" means the practice of medicine using electronic communications, information technology or other means between a licensee in one location, and a patient in another location with or without an intervening healthcare provider. Generally, telemedicine is not an audio-only, telephone conversation, e-mail/instant messaging conversation, or fax. It typically involves the application of secure videoconferencing or store and forward technology to provide or support healthcare delivery by replicating the interaction of a traditional, encounter in person between a provider and a patient.7

"Telemedicine Technologies" means technologies and devices enabling secure electronic communications and information exchange between a licensee in one location and a patient in another location with or without an intervening healthcare provider.

https://www.fsmb.org/Media/Default/PDF/FSMB/Advocacy/FSMB\_Telemedicine\_Poli

#### <u>cy.pdf</u>

# Early Telemedicine RADIO to him. comes in." Telemedicine Predicted in 1925 make a virtual house call

"The busy doctor, fifty years hence, will not be able to visit his patients as he does now. .. on the other hand, his patients cannot always come

This is where the teledactyl and diagnosis by radio

With video screens and remote control arms, any doctor could By Matt Novak, March 14, 2012 Retrieved from: http://www.smithsonianmag.com/history/telemedicine-predicted-in-1925-124140942 13

Telepharmacy: Path to the Telehealth Future

#### Telemedicine Predicted in 1925 With video screens and remote control arms, any doctor could make a virtual housecall

By Matt Novak smithsonian.com March 14. 2012

"The Teledactyl (Tele, far; Dactyl, finger — from the Greek) is a future instrument by which it will be possible for us to "feel at a distance." This idea is not at all impossible, for the instrument can be built today with means available right now. It is simply the well known telautograph, translated into radio terms, with additional refinements. The doctor of the future, by means of this instrument, will be able to feel his patient, as it were, at a distance....The doctor manipulates his controls, which are then manipulated at the patient's room in exactly the same manner. The doctor sees what is going on in the patient's room by means of a television screen."

"The busy doctor, fifty years hence, will not be able to visit his patients as he does now. It takes too much time, and he can only, at best, see a limited number today. Whereas the services of a really big doctor are so important that he should never have to leave his office; on the other hand, his patients cannot always come to him. This is where the teledactyl and diagnosis by radio comes in."

Read more: http://www.smithsonianmag.com/history/telemedicine-predicted-in-1925-124140942/#c5xoik02g2bChBXD.99 Follow us: @SmithsonianMag on Twitter



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Bryan Larrieu, Director of IS and User Experience Children's Healthcare of Atlanta

Children's Collaboration Growth 2016-2018 Georgia Partnership for Telehealth Annual Conference, March 2017. http://www.gatelehealth.org/wp-content/uploads/2017/04/Day-2-7-Bryan-Larrieu-Choa-Collaboration-Growth-Overview.pdf

https://www.choa.org/

https://www.digchip.com/companies\_news/photos/ca300.jpg



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Cisco TelePresence MCU MSE 8510

https://www.cisco.com/c/en/us/products/conferencing/telepresence-mcu-mse-8510/index.html

Cisco TelePresence Video Communication Server (VCS) https://www.cisco.com/c/en/us/products/unified-communications/telepresencevideo-communication-server-vcs/index.html

Cisco Expressway Series version X8.6 Data Sheet https://www.cisco.com/c/en/us/products/collateral/unifiedcommunications/expressway-series/datasheet-c78-730478.html

Cisco TelePresence Video Communication Server Expressway

http://cdn2.hubspot.net/hub/160452/file-3903733182-pdf/docs/cisco-vcs-expressway-datasheet.pdf?t=1456853518000

Cisco DX Series https://www.cisco.com/c/en/us/products/collaboration-endpoints/desktopcollaboration-experience-dx600-series/index.html

Cisco DX Series https://www.cisco.com/c/dam/en/us/products/collateral/collaborationendpoints/desktop-collaboration-experience-dx600-series/at-a-glance-c45-731845.pdf

Cisco TelePresence System EX Series https://www.cisco.com/c/en/us/products/collaboration-endpoints/telepresencesystem-ex-series/index.html

Cisco TelePresence Server Data Sheet https://www.cisco.com/c/en/us/products/collateral/conferencing/telepresenceserver/datasheet-c78-736947.html

Cisco Meeting Server and Cisco Meeting App Data Sheet https://www.cisco.com/c/en/us/products/collateral/conferencing/meetingserver/datasheet-c78-737519.html

CMS & Expressway Update https://www.cisco.com/c/dam/global/da\_dk/assets/training/seminariamaterials/CiscoVirtualUpdate-CiscoMeetingServerogExpressway.pdf



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Cisco DX Series https://www.cisco.com/c/en/us/products/collaboration-endpoints/desktopcollaboration-experience-dx600-series/index.html

Cisco DX Series https://www.cisco.com/c/dam/en/us/products/collateral/collaborationendpoints/desktop-collaboration-experience-dx600-series/at-a-glance-c45-731845.pdf

Cisco TelePresence System EX Series https://www.cisco.com/c/en/us/products/collaboration-endpoints/telepresencesystem-ex-series/index.html

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Cisco Meeting Server and Cisco Meeting App Data Sheet https://www.cisco.com/c/en/us/products/collateral/conferencing/meetingserver/datasheet-c78-737519.html

CMS & Expressway Update https://www.cisco.com/c/dam/global/da\_dk/assets/training/seminariamaterials/CiscoVirtualUpdate-CiscoMeetingServerogExpressway.pdf



#### **Organizations Aim to Standardize Telehealth Practices**

By Cori Turner and Megan Phillips on June 9, 2014

Posted in Children's Hospitals and Pediatric Providers, Hospitals & Health Systems, Physicians, Post-Acute Care & Nursing Facilities, Technology & Information Systems <a href="http://www.intechopen.com/books/telemedicine/telemedicine-reducing-trauma-in-evaluating-abuse">http://www.intechopen.com/books/telemedicine/telemedicine-reducing-trauma-in-evaluating-abuse</a>



http://www.amdtelemedicine.com/corporate/index.html



#### http://www.connectorsupplier.com/101612-cs-medical-bieksha/ Patient Care in the Medical Market by Jenny Bieksha on October 16, 2012 By Jenny Bieksha, Bishop & Associates October 16, 2012 http://connectorsupplier.com/images/uploads/101612-CS-Medical-Bieksha-img4.jpg

https://www.veesag.com/telehealth-remote-patient-health-monitoring/

TELEHEALTH REMOTE PATIENT HEALTH MONITORING

VEESAG provides pre-emptive health monitoring using proprietary Telehealth technologies developed for remote patient monitoring or remote health monitoring in conjunction with other medical devices.

https://www.veesag.com/wp-content/uploads/2016/08/Telehealth-Remote-Health-Patient\_Monitoring.png



# A Retrospective Evaluation of Remote Pharmacist Interventions in a Telepharmacy Service Model Using a Conceptual Framework

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Lori J. Murante, PharmD Alternate Site Pharmacies & Clinical Decision Support, The Nebraska Medical Center, Omaha, Nebraska.

Lisa M. Moffett, PharmD Remote Pharmaceutical Care, Drug Information Service, The Nebraska Medical Center, Omaha, Nebraska.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4188381/

#### Abstract

Objectives: This retrospective cross-sectional study evaluated a telepharmacy service model using a conceptual framework to compare documented remote pharmacist

interventions by year, hospital, and remote pharmacist and across rural hospitals with or without an onsite rural hospital pharmacist.

Materials and Methods: Documented remote pharmacist interventions for patients at eight rural hospitals in the Midwestern United States during prospective prescription order review/entry from 2008 to 2011 were extracted from RxFusion database (a home-grown system, i.e., internally developed program at The Nebraska Medical Center (TNMC) for capturing remote pharmacist documented intervention data).

The study authors conceptualized an analytical framework, mapping the 37 classes of remote pharmacist interventions to three broader-level definitions: (a) intervention, eight categories (interaction/potential interaction, contraindication, adverse effects, anticoagulation monitoring, drug product selection, drug regimen, summary, and recommendation), (b) patient medication management, two categories (therapy review and action), and (c) health system-centered medication use process, four categories (prescribing, transcribing and documenting, administering, and monitoring). Frequencies of intervention levels were compared by year, hospital, remote pharmacist, and hospital pharmacy status (with a remote pharmacist and onsite pharmacist or with a remote pharmacist only) using chi squared test and univariate logistic regression analyses, as appropriate.

Results: For 450,000 prescription orders 19,222 remote pharmacist interventions were documented. Frequency of interventions significantly increased each year (36% in 2009, 55% in 2010, and 7% in 2011) versus the baseline year (2008, 3%) when service started. The frequency of interventions also differed significantly across the eight hospitals and 16 remote pharmacists for the three defined intervention levels and categories. Remote pharmacist interventions at hospitals with an on-site and remote pharmacist (n = 12,141) versus those with a remote pharmacist alone (n = 7,081) were significantly more likely to be (1) patient-centered, (2) related to "actionable" medication management recommendations (unadjusted odds ratio [OR]= 1.12), and (3) related to the "transcribing" (OR = 1.47) and "prescribing" (OR = 1.40) steps of the health system-centered medication use process level (all p < 0.01).

Conclusions: This is one of the first studies to demonstrate the patient- and health system-centered nature of pharmaceutical care delivered via a telepharmacy service model by evaluating documented remote pharmacist interventions with an analytical framework.

Technical Infrastructure of the Nebraska Medical Center's Telepharmacy Service Model

Technology represented in the telepharmacy model, aside from computers and related equipment:

- EMR Electronic medical record
- HD High definition video
- TLS Transport Layer Security over the Internet
- HTTPS Hypertext transfer protocol secure (https://)
- PCOIP or PC-over-IP Cloud-based virtual workplace
- VMWare Virtualization and cloud computing software
- RDP Remote desktop protocol
- VOIP Voice over Internet protocol
- VPN Virtual private network



#### Bringing pharmacies back to rural Iowa

By Teresa Bjork

2/25/2016

The Brooklyn Pharmacy is part of a state pilot project to test a new-generation of telepharmacies in rural Iowa.

Iowa City-based company Telepharm helped launch the pilot project in a handful of eastern Iowa communities in 2012 to demonstrate how its software could help bring pharmacies back to rural towns.

https://www.iowafarmbureau.com/Article/Bringing-pharmacies-back-to-rural-Iowa https://www.iowafarmbureau.com/Article/Live/titleImage?articleid=70031

#### Welcome to Telepharmacy

"Telepharmacy is working well in North Dakota. It is a great way to restore and retain pharmacy services for many remote rural communities throughout the state. Telepharmacy services produce the same quality as the traditional mode of delivery and provide some value-added features that are not found in traditional pharmacy practice."

Dr. Charles D. Peterson Dean, Professor, and Principal Investigator/Director ND Telepharmacy Project NDSU College of Health Professions

https://www.ndsu.edu/telepharmacy/ https://www.ndsu.edu/fileadmin/\_migrated/pics/Telepharmacypic..jpg



#### Watch the video

Telepharmacy expansion could help rural pharmacies

https://www.telepharm.com/how-telepharmacy-works/



#### Telepharmacy expansion could help rural pharmacies

https://www.telepharm.com/how-telepharmacy-works/



http://www.scriptpro.com/About/Company-Information



#### Phoning it in: Telepharmacy connects rural patients

JULIE WOOTTON jwootton@magicvalley.com

Jan 19, 2017

SHOSHONE — For the first time in 15 years, Shoshone residents don't have to travel to another town to get their prescription medications.

Shoshone Pharmacy opened Dec. 22 on South Apple Street. But it's not your average pharmacy.

The owner says it's the first telepharmacy in Idaho to open from the ground up meaning it's not affiliated with an existing hospital or clinic. It allows an off-site pharmacist to approve orders remotely and do consultations with patients using live video conferencing.

http://magicvalley.com/news/local/phoning-it-in-telepharmacy-connects-ruralpatients/article 2d27e4d6-efc3-5059-9dc9-23ef84dfe8b9.html










#### National Associations

The American Telemedicine Association - What is Telemedicine?

...telemedicine is the use of medical information exchanged from one site to another via electronic communications to improve a patient's clinical health status.

http://www.americantelemed.org/about-telemedicine/what-istelemedicine#.VGTJIck\_c7k

#### What is Telemedicine?

Formally defined, telemedicine is the use of medical information exchanged from one site to another via electronic communications to improve a patient's clinical health status. Telemedicine includes a growing variety of applications and services using two-way video, email, smart phones, wireless tools and other forms of telecommunications technology

.. Telemedicine is not a separate medical specialty. Products and services related to telemedicine are often part of a larger investment by healthcare institutions in either information technology or the delivery of clinical care... ATA has historically considered telemedicine and telehealth to be interchangeable terms, encompassing a wide definition of remote healthcare. Patient consultations via video conferencing, transmission of still images, e-health including patient portals, remote monitoring of vital signs, continuing medical education, consumer-focused wireless applications and nursing call centers, among other applications, are all considered part of telemedicine and telehealth.

http://www.americantelemed.org/about-telemedicine/what-is-telemedicine#.V-G83mZ4eHs

# World Health Organization

TELEMEDICINE Opportunities and developments in Member States

Report on the second global survey on eHealth

Global Observatory for eHealth series - Volume 2

2010

Some distinguish telemedicine from telehealth with the former restricted to service delivery by physicians only, and the latter signifying services provided by health professionals in general, including nurses, pharmacists, and others. However, for the purpose of this report, telemedicine and telehealth are synonymous and used interchangeably.

Four elements are germane to telemedicine:

1. Its purpose is to provide clinical support.

2. It is intended to overcome geographical barriers, connecting users who are not in the same physical location.

3. It involves the use of various types of ICT.

4. Its goal is to improve health outcomes.

http://www.who.int/goe/publications/goe\_telemedicine\_2010.pdf



International Journal of Environmental Research and Public Health ISSN 1660-4601

www.mdpi.com/journal/ijerph

A Review of Telehealth Service Implementation Frameworks Liezl van Dyk Industrial Engineering, Faculty of Engineering, North-West University, Potchefstroom Campus, Potchefstroom 2520, South Africa; E-Mail: liezl.vandyk@nwu.ac.za;

Abstract: Despite the potential of telehealth services to increase the quality and accessibility of healthcare, the success rate of such services has been disappointing. The purpose of this paper is to find and compare existing frameworks for the implementation of telehealth services that can contribute to the success rate of future endeavors. After a thorough discussion of these frameworks, this paper outlines the development methodologies in terms of theoretical background, methodology and validation. Finally, the common themes and formats are identified for consideration in future implementation. It was confirmed that a holistic implementation approach is needed, which includes technology, organizational structures, change management, economic feasibility, societal impacts, perceptions, user-friendliness, evaluation and evidence, legislation, policy and governance. Furthermore, there is some scope for scientifically rigorous framework development and validation approaches.

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3945538/pdf/ijerph-11-01279.pdf

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Figure reprinted from A Review of Telehealth Service Implementation Frameworks by van Dyk under the terms and conditions of the Creative Commons Attribution license (http://creativecommons.org/licenses/by/3.0/)



# **State and National Boards**

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"Telemedicine Technologies" means technologies and devices enabling secure electronic communications and information exchange between a licensee in one location and a patient in another location with or without an intervening healthcare provider.

https://www.fsmb.org/Media/Default/PDF/FSMB/Advocacy/FSMB\_Telemedicine\_Poli

# <u>cy.pdf</u>

#### Florida Board of Medicine

Florida Administrative Code 64B8-9.0141 Standards for Telemedicine Practice. (1) "Telemedicine" means the practice of medicine by a licensed Florida physician or physician assistant where patient care, treatment, or services are provided through the use of medical information exchanged from one site to another via electronic communications. Telemedicine shall not include the provision of health care services only through an audio only telephone, email messages, text messages, facsimile transmission, U.S. Mail or other parcel service, or any combination thereof.

(4) Controlled substances shall not be prescribed through the use of telemedicine except for the treatment of psychiatric disorders. This provision does not preclude physicians or physician assistants from ordering controlled substances through the use of telemedicine for patients hospitalized in a facility licensed pursuant to Chapter 395, F.S.

(5) Prescribing medications based solely on an electronic medical questionnaire constitutes the failure to practice medicine with that level of care, skill, and treatment which is recognized by reasonably prudent physicians as being acceptable under similar conditions and circumstances, as well as prescribing legend drugs other than in the course of a physician's professional practice.

(6) Physicians and physician assistants shall not provide treatment recommendations, including issuing a prescription, via electronic or other means, unless the following elements have been met:

(a) A documented patient evaluation, including history and physical examination to establish the diagnosis for which any legend drug is prescribed.

(b) Discussion between the physician or the physician assistant and the patient regarding treatment options and the risks and benefits of treatment.

(c) Maintenance of contemporaneous medical records meeting the requirements of Rule 64B8-9.003, F.A.C.

(7) The practice of medicine by telemedicine does not alter any obligation of the physician or the physician assistant regarding patient confidentiality or recordkeeping.

#### Florida Board of Medicine - 64B8-9.0141

"Telemedicine" means the practice of medicine by a licensed Florida physician or physician assistant where patient care, treatment, or services are provided through the use of medical information exchanged from one site to another via electronic communications.

Florida Board of Medicine - 64B8-9.0141 Standards for Telemedicine Practice. <u>https://www.flrules.org/gateway/ruleNo.asp?id=64B8-9.0141</u>



# Florida Administrative Code

# 59G-1.057 Telemedicine.

(1) This rule applies to any person or entity prescribing or reviewing a request for Florida Medicaid services and to all providers of Florida Medicaid services that are enrolled in or registered with the Florida Medicaid program.

(2) Definition. Telemedicine – The practice of health care delivery by a practitioner who is located at a site other than the site where a recipient is located for the purposes of evaluation, diagnosis, or treatment.

(3) Who Can Provide. Practitioners licensed within their scope of practice to perform the service.

(4) Coverage. Florida Medicaid reimburses for telemedicine services using interactive telecommunications equipment that includes, at a minimum audio and video equipment permitting two-way, real time, interactive communication between a recipient and a practitioner.

(5) Exclusion. Florida Medicaid does not reimburse for:

(a) Telephone conversations, chart review(s), electronic mail messages, or facsimile transmissions.

(b) Equipment required to provide telemedicine services.

(6) Reimbursement. The following applies to practitioners rendering services in the fee-for-service delivery system:

(a) Florida Medicaid reimburses the practitioner who is providing the evaluation, diagnosis, or treatment recommendation located at a site other than where the

# recipient is located.

(b) Providers must include modifier GT on the CMS-1500 claim form, incorporated by reference in Rule 59G-4.001, F.A.C.

Rulemaking Authority 409.919 FS. Law Implemented 409.905 FS. History–New 6-20-16.

https://www.flrules.org/gateway/ruleno.asp?id=59G-1.057

# Telemedicine

For purposes of Medicaid, telemedicine seeks to improve a patient's health by permitting two-way, real time interactive communication between the patient, and the physician or practitioner at the distant site. This electronic communication means the use of interactive telecommunications equipment that includes, at a minimum, audio and video equipment.

Telemedicine is viewed as a cost-effective alternative to the more traditional face-toface way of providing medical care (e.g., face-to-face consultations or examinations between provider and patient) that states can choose to cover under Medicaid. This definition is modeled on Medicare's definition of telehealth services (42 CFR 410.78). Note that the federal Medicaid statute does not recognize telemedicine as a distinct service.

https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Telemedicine.html

# Telemedicine

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https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Delivery-Systems/Telemedicine.html

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# Model State Pharmacy Act and Model Rules of the National Association of Boards of Pharmacy

# August 2016

#### Section 105. Definitions.

"Practice of Telepharmacy" means the provision of Pharmacist Care Services by registered Pharmacies and Pharmacists located within US jurisdictions through the use of telecommunications or other technologies to patients or their agents at distances that are located within US jurisdictions.

"Practice of Telepharmacy Across State Lines" means the Practice of Telepharmacy when the patient is located within a US jurisdiction and the pharmacist is located in a different US jurisdiction.

"Practitioner" means an individual currently licensed, registered, or otherwise authorized by the appropriate jurisdiction to prescribe and Administer Drugs in the course of professional practice.

"Valid Patient-Practitioner Relationship" means the following have been established:

a Patient has a medical complaint;

a medical history has been taken;

a face-to-face physical examination adequate to establish the medical complaint has been performed by the prescribing practitioner or in the instances of telemedicine through telemedicine practice approved by the appropriate Practitioner Board; and

some logical connection exists between the medical complaint, the medical history, and the physical examination and the Drug prescribed.

Section 105(q6). Comment.

A Valid Patient-Practitioner Relationship includes a relationship with a consulting Practitioner or a Practitioner to which a patient has been referred, or a covering Practitioner, or an appropriate Practitioner-Board-approved telemedicine Practitioner providing that a physical examination had been previously performed by the patient's primary Practitioner.

(c) the prescribing Practitioner is issuing a prescription through a telemedicine practice approved by the appropriate state agency that provides health care delivery, diagnosis, consultation, or treatment by means of audio, video, or data communications. Standard telephone, facsimile transmission, or both, in the absence of other integrated information or data, do not constitute telemedicine practices. Section 301. Unlawful Practice.

(b) The provision of Pharmacist Care Services to an individual in this State, through the use of telecommunications, the Internet, or other technologies, regardless of the location of the pharmacist, shall constitute the Practice of Pharmacy and shall be subject to regulation.

(1) Licensed Pharmacies located outside this State that provide Pharmacist Care Services to individuals in this State must be licensed within this State under Article V of this Act.

(2) Pharmacists located outside this State who are providing Pharmacist Care Services outside of a licensed Pharmacy to individuals located in this State must register with this State to engage in the nonresident Practice of Pharmacy. The "Practice of Telepharmacy" is deemed to occur within the jurisdiction in which the patient is located and the jurisdiction(s) in which the pharmacist and, if applicable, pharmacy are located; therefore, such practice will be subject to the Pharmacy practice regulations of all jurisdictions' Boards of Pharmacy.

The definition of "Practitioner" anticipates that those persons other than Pharmacists who are permitted to prescribe and Administer Drugs will be specifically so authorized in other legislation.

NABP recognizes that protection of the public health should extend across State borders. Accordingly, the NABP *Model Act* incorporates the Practice of Telepharmacy Across State Lines within the scope of the "Practice of Pharmacy" and requires an independently practicing pharmacist located outside this State to obtain full licensure for providing Pharmacist Care Services from outside the State to patients within the State. http://www.fsmb.org/Media/Default/PDF/Publications/FSMB%20Telemedicine%20P olicy%20News%20Release\_042614.pdf



#### **ASHP Statement on Telepharmacy**

https://www.ashp.org/-/media/assets/pharmacy-informaticist/docs/sopit-bp-telepharmacy-statement.ashx?la=en

Position ASHP believes appropriately trained and equipped pharmacists can use telepharmacy to remotely oversee pharmacy operations and provide distributive, clinical, analytical, and managerial services. ASHP advocates that telepharmacy be applied to suitable functions of pharmacy operations and patient care to improve patient outcomes, expand access to healthcare, and enhance patient safety. ASHP further advocates that boards of pharmacy adopt compatible regulations that enable the use of United States-based telepharmacy services within and across state lines for appropriate practice settings and that further research be conducted to establish best practices for telepharmacy.

Definitions of telepharmacy. The Model State Pharmacy Act and Model Rules of the National Association of Boards of Pharmacy (Model Act) defines the "Practice of Telepharmacy" as "the provision of pharmacist care by registered pharmacies and pharmacists located within U.S. jurisdictions through the use of telecommunications or other technologies to patients or their agents at distances that are located within U.S. jurisdictions of related terms (i.e., coordinating pharmacy, remote pharmacy, remote dispensing site).3 For the purposes of this

document, ASHP defines telepharmacy as a method used in pharmacy practice in which a pharmacist utilizes telecommunications technology to oversee aspects of pharmacy operations or provide patient-care services. Telepharmacy operations and services may include, but are not limited to, drug review and monitoring, dispensing, sterile and nonsterile compounding verification, medication therapy management (MTM), patient assessment, patient counseling, clinical consultation, outcomes assessment, decision support, and drug information.





#### **State Regulation of Telepharmacy**

Anne Compton-Brown, JD, and Serj Mooradian, JD Published Online: Wednesday, March 23, 2016

 See more at: http://www.pharmacytimes.com/news/state-regulation-oftelepharmacy

State regulation of telepharmacy varies depending on the market-driven needs within each particular state. This article synthesizes the patchwork of telepharmacy laws to provide an overview of the regulation of telepharmacy in the United States.

However, as the scope of pharmacy practice and telecommunication technology continues to evolve, the breadth of telepharmacy services makes them difficult to regulate uniformly. Therefore, when states craft their telepharmacy laws, they often impose varying requirements. For example, the Connecticut legislature recognized that in practice, telepharmacy can be broader than pharmacy services provided to patients via remote or automated pharmacy locations, thus permitting telepharmacy to be used by hospital pharmacists to review and verify intravenous sterile compounding by remote pharmacy technicians.<sup>7</sup> This is just one example of the flexibility states have to regulate telepharmacy in a manner that aligns with current state telepharmacy and pharmacy practice. State differences in the regulation of telepharmacy also occur with respect to licensing and operational requirements.

#### Licensing Requirements for Telepharmacy Practice

States may impose additional telepharmacy licensing requirements on central and remote pharmacy sites and pharmacists, above and beyond the requirement that those entities and individuals obtain the required state licensure to operate as a pharmacy or practice pharmacy within that state. For example, pharmacies that operate kiosks in Georgia must be licensed as a pharmacy in Georgia, obtain a separate license to install and operate the kiosks from the Georgia Board of Pharmacy, and pay the associated licensing fee.<sup>8</sup> Moreover, such pharmacies may only install and operate kiosks in a Georgia-licensed skilled nursing facility or hospice that does not have an onsite licensed pharmacy.<sup>8</sup> As in Georgia, other states also require such facilities to obtain state board of pharmacy approval for kiosks or remote dispensing sites prior to installing the kiosk or beginning operations.<sup>9</sup>

See more at: http://www.pharmacytimes.com/news/state-regulation-of-telepharmacy



# 2017 State Telemedicine Legislation Tracking report

http://www.americantelemed.org/policy-page/state-policy-resource-center

ATA's State Policy Resource Center monitors telemedicine state policies, identifies and works to resolve barriers to state-level telemedicine use, and provides policy technical assistance to the ATA members and state policymakers.

Telemedicine Parity map

https://higherlogicdownload.s3.amazonaws.com/AMERICANTELEMED/3c09839afffd-46f7-916c-692c11d78933/UploadedImages/Policy/State%20Policy%20Resource%20Center/313 17%20parity%20map.jpg

Alaska, Colorado, H Minnesota, Montan	ławaii, Idaho, Illinois, Indiana, Iowa, Louisiana,
Oregon, South Dake Virginia, Wisconsin, Jersey, Virginia, Wa Massachusetts, Nor	a, Nebraska, Nevada, New Mexico, North Dakota, ota, Tennessee, Texas, Utah, Vermont, West Wyoming, Connecticut, Kansas, Michigan, New Ishington, Arizona, California, Maine, rth Carolina
No rules or legisla	tion authorizing telepharmacy use
Alabama, Arkansas Maryland, Mississip Oklahoma, Pennsyl	, Delaware, <b>Florida, Georgia</b> , Kentucky, pi, Missouri, New Hampshire, New York, Ohio, vania, South Carolina, Rhode Island

#### Telepharmacy Rules and Statutes: A 50-State Survey

George Tzanetakos; Fred Ullrich, BA; Keith Mueller, PhD

RUPRI Center for Rural Health Policy Analysis Rural Policy Brief Brief No. 2017-4 APRIL 2017 http://www.public-health.uiowa.edu/rupri/

https://www.publichealth.uiowa.edu/rupri/publications/policybriefs/2017/Telepharmacy%20Rules%20a nd%20Statutes.pdf

And

https://www.publichealth.uiowa.edu/rupri/publications/policybriefs/2017/Telepharmacy%20Rules%20a nd%20Statutes%20Supplement.pdf



https://www.telehealthresourcecenter.org/sites/main/files/fileattachments/telepharmacy\_national\_trc\_webinar\_12152016\_final.pdf

The National Telehealth Webinar Series Presented by The National Network of Telehealth Resource Centers

What You Need to Know About Telepharmacy Greg Janes TelePharm Thursday, December 15, 2016



## Model State Pharmacy Act and Model Rules of the National Association of Boards of Pharmacy August 2016

#### Section 105(q6). Comment.

A Valid Patient-Practitioner Relationship includes a relationship with a consulting Practitioner or a Practitioner to which a patient has been referred, or a covering Practitioner, or an appropriate Practitioner-Board-approved telemedicine Practitioner providing that a physical examination had been previously performed by the patient's primary Practitioner.

(c) the prescribing Practitioner is issuing a prescription through a telemedicine practice approved by the appropriate state agency that provides health care delivery, diagnosis, consultation, or treatment by means of audio, video, or data communications. Standard telephone, facsimile transmission, or both, in the absence of other integrated information or data, do not constitute telemedicine practices. https://nabp.pharmacy/publications-reports/resource-documents/model-pharmacy-act-rules/



#### Report of the Task Force on the Regulation of Telepharmacy Practice

https://nabp.pharmacy/wpcontent/uploads/2017/05/2016\_2017\_TelepharmacyTF\_Report.pdf

# Telepharmacy: The New Frontier of Patient Care and Professional Practice

NEWSLETTER OF THE NATIONAL ASSOCIATION OF BOARDS OF PHARMACY <sup>®</sup> JUNE/JULY 2017 VOLUME 46 NUMBER 6 https://nabp.pharmacy/wpcontent/uploads/2016/07/Innovations\_June\_July\_Final.pdf

# Task Force Recommends Expanding Telepharmacy Regulations

Patients in both rural and urban settings can benefit from telepharmacy services, which can provide patients with quality health care that they may not otherwise receive or have difficulty accessing, concluded the Task Force on the Regulation of Telepharmacy Practice.

The task force met to discuss telepharmacy practice models and existing regulations of telepharmacy practices. The task force members made two recommendations, including amending language in *The Model State Pharmacy Act and Model Rules of the National Association of Boards of Pharmacy (Model Act)*, and further collaborating with the boards of pharmacy regarding telepharmacy services between pharmacies and medical clinics or other facilities.



#### CS/SB 848: Telepharmacy

GENERAL BILL by Health Policy ; Grimsley ; (CO-INTRODUCERS) Broxson

Telepharmacy; Providing permit requirements for remote dispensing site pharmacies; requiring the prescription department manager or other pharmacist employed by the supervising pharmacy to visit the remote dispensing site pharmacy; authorizing a Florida licensed pharmacist to serve as the prescription drug manager at more than one remote dispensing site pharmacy under certain conditions, etc.

#### Effective Date: 7/1/2018

**Last Action:** 3/10/2018 House - Indefinitely postponed and withdrawn from consideration

#### Bill Text: Web Page | PDF

https://www.flsenate.gov/Session/Bill/2018/848/?StartTab=BillHistory#BillHistory



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Bill Text: Web Page | PDF

https://www.flsenate.gov/Session/Bill/2018/848/?StartTab=BillHistory#BillHistory





#### H. R. 6353

Ryan Haight Online Pharmacy Consumer Protection Act of 2008.

# SEC. 2. REQUIREMENT OF A VALID PRESCRIPTION FOR CONTROLLED SUBSTANCES DISPENSED BY MEANS OF THE INTERNET.

"(1) No controlled substance that is a prescription drug as determined under the Federal Food, Drug, and Cosmetic Act may be delivered, distributed, or dispensed by means of the Internet without a valid prescription.

"(2) As used in this subsection:

"(A) The term 'valid prescription' means a prescription that is issued for a legitimate medical purpose in the usual course of professional practice by—

"(i) a practitioner who has conducted at least 1 in-person medical evaluation of the patient; or "(ii) a covering practitioner.

"(B)(i) The term 'in-person medical evaluation' means a medical evaluation that is conducted with the patient in the physical presence of the practitioner, without regard to whether portions of the evaluation are conducted by other health professionals.

"(54) The term 'practice of telemedicine' means, for purposes of this title, the practice of medicine in accordance with applicable Federal and State laws by a practitioner (other than a pharmacist) who is at a location remote from the patient and is communicating with the patient, or health care professional who is treating the patient, using a telecommunications system referred to in section 1834(m) of the

Social Security Act, which practice—

"(A) is being conducted—

"(i) while the patient is being treated by, and physically located in, a hospital or clinic registered under section 303(f); and

"(ii) by a practitioner—

"(I) acting in the usual course of professional practice;

 $^{\prime\prime}(\mathrm{II})$  acting in accordance with applicable State law; and

"(III) registered under section 303(f) in the State in which the patient is located,

https://www.govtrack.us/congress/bills/110/hr6353/text



#### Florida Board of Medicine

64B8-9.0141 Standards for Telemedicine Practice.

 (1) "Telemedicine" means the practice of medicine by a licensed Florida physician or physician assistant where patient care, treatment, or services are provided through the use of medical information exchanged from one site to another via electronic communications. Telemedicine shall not include the provision of health care services only through an audio only telephone, email messages, text messages, facsimile transmission, U.S. Mail or other parcel service, or any combination thereof.
 (4) Controlled substances shall not be prescribed through the use of telemedicine

except for the treatment of psychiatric disorders. This provision does not preclude physicians or physician assistants from ordering controlled substances through the use of telemedicine for patients hospitalized in a facility licensed pursuant to Chapter 395, F.S.

(5) Prescribing medications based solely on an electronic medical questionnaire constitutes the failure to practice medicine with that level of care, skill, and treatment which is recognized by reasonably prudent physicians as being acceptable under similar conditions and circumstances, as well as prescribing legend drugs other than in the course of a physician's professional practice.

(6) Physicians and physician assistants shall not provide treatment recommendations, including issuing a prescription, via electronic or other means, unless the following elements have been met:

(a) A documented patient evaluation, including history and physical examination to

establish the diagnosis for which any legend drug is prescribed.

(b) Discussion between the physician or the physician assistant and the patient regarding treatment options and the risks and benefits of treatment.

(c) Maintenance of contemporaneous medical records meeting the requirements of Rule 64B8-9.003, F.A.C.

(7) The practice of medicine by telemedicine does not alter any obligation of the physician or the physician assistant regarding patient confidentiality or recordkeeping.

#### Florida Board of Medicine - 64B8-9.0141

"Telemedicine" means the practice of medicine by a licensed Florida physician or physician assistant where patient care, treatment, or services are provided through the use of medical information exchanged from one site to another via electronic communications.

Florida Board of Medicine - 64B8-9.0141 Standards for Telemedicine Practice. <u>https://www.flrules.org/gateway/ruleNo.asp?id=64B8-9.0141</u>

164.312 Te	chnical safeguards
Transmissi	on security
<ul> <li>Implemen unauthoriz Informatio communic</li> </ul>	t technical security measures to prevent ed access to Electronic Protected Health n (ePHI) transmitted over an electronic ations network.
Encryption	
Encrypt ePH	Il whenever appropriate
<ul> <li>Under the is consider</li> </ul>	e HIPAA Omnibus Rule, ePHI that is <b>not encrypted</b> ered "Unsecure" and liable for penalties if breached
<ul> <li>Encrypt</li> <li>breache</li> </ul>	<b>ed</b> ePHI is "Secure" and not liable for penalties if d

# U.S. Department of Health and Human Services

Office for Civil Rights

2006

HIPAA Administrative Simplification Regulation Text, 45 CFR Parts 160, 162, and 164 (2006)

http://www.hhs.gov/ocr/privacy/hipaa/administrative/privacyrule/adminsimpregtext.pdf

# § 164.312 Technical safeguards

(e)(1) **Standard**: Transmission security. Implement technical security measures to guard against unauthorized access to electronic protected health information that is being transmitted over an electronic communications network.

# (2) Implementation specifications:

(i) *Integrity controls* (Addressable). Implement security measures to ensure that electronically transmitted electronic protected health information is not improperly modified without detection until disposed of.

(ii) *Encryption* (Addressable). Implement a mechanism to encrypt electronic protected health information whenever deemed appropriate.





North Dakota Rural Map Map

https://www.ers.usda.gov/webdocs/DataFiles/Rural\_Definitions\_\_18009/25588\_ND. pdf?v=39329



# THE NORTH DAKOTA EXPERIENCE: ACHIEVING HIGH-PERFORMANCE HEALTH CARE THROUGH RURAL INNOVATION AND COOPERATION

Douglas McCarthy, Rachel Nuzum, Stephanie Mika, Jennifer Wrenn, and Mary Wakefield

The Commonwealth Fund, May 2008

http://www.commonwealthfund.org/publications/fund-reports/2008/may/thenorth-dakota-experience--achieving-high-performance-health-care-through-ruralinnovation-and-coo

ABSTRACT: Resource constraints and the desire to preserve the local economy have made necessity the mother of invention in North Dakota, driving health care providers and policymakers to try new approaches to care and to institute better practices relatively quickly. Collaboration to support primary care and the concept of a medical home, organization of care through cooperative networks of providers, and innovative use of technology to meet patient needs and hold down costs are examples of how North Dakota is able to provide its citizens with accessible, quality, and efficient health care despite the challenges of a rural setting. Rural communities have a unique context of community trust and interdependence, a social capital that allows them to innovate in meeting patients' needs. A strong sense of mission, vigilance to process and outcomes, and enhanced communication and collaboration among health care providers are key to improvements made in North Dakota health care. http://www.commonwealthfund.org/usr\_doc/1130\_McCarthy\_North\_Dakota\_experience.pdf?section=4039


History and Progress of HRSA/OAT Telepharmacy Funding

## Early History of Telepharmacy

In 2001, in response to an escalation of rural community pharmacy closings in the state, the North Dakota State Board of Pharmacy established Pilot Telepharmacy Rules to explore the feasibility of using telepharmacy to restore and retain pharmacy services in medically underserved remote rural communities of North Dakota. In September of 2002, the NDSU College of Pharmacy received a federal grant from the Office for the Advancement of Telehealth (OAT), Division of Health Resources and Services Administration, Department of Health and Human Services, to implement a state-wide telepharmacy program to save rural pharmacies from closing and to test the new telepharmacy pilot rules established by the Board of Pharmacy. In FY'2002, a total of ten North Dakota rural communities were involved in the first year of the federal OAT grant. Four central pharmacy sites in Killdeer, Watford City, Rugby, and Forman, North Dakota, were established to serve six remote telepharmacy sites in Beach, New England, New Town, Rolette, Maddock, and Gwinner, North Dakota.

To date there are eighty-one pharmacies involved in the North Dakota Telepharmacy Project, twenty-five central pharmacy sites and fifty-six remote telepharmacy sites. Of the eighty-one pharmacies involved, fifty-three are retail pharmacies and twentyeight are hospital pharmacies. Thirty-eight (73%) of North Dakota's fifty-three counties are involved in the project and two in Minnesota. Approximately 80,000 rural citizens have had pharmacy services restored, retained or established through the North Dakota Telepharmacy Project since its inception. The project has restored valuable access to health care in remote medically underserved areas of the state and has added approximately \$26.5 million in economic development to the local rural economy.

https://www.ndsu.edu/telepharmacy/history/



#### TELEPHARMACY

By: Kevin E. McCarthy, Principal Analyst November 25, 2013

## North Dakota

In 2001, North Dakota became the first state to pass regulations allowing retail pharmacies to operate without requiring a pharmacist to be physically present. In response to an increasing number of rural community pharmacy closings, the state Board of Pharmacy established pilot telepharmacy rules to explore the feasibility of using telepharmacy to restore and retain pharmacy services in medically underserved remote rural communities.

In September of 2002, the state College of Pharmacy received a federal grant to implement a statewide program to save rural pharmacies from closing and to test the new telepharmacy pilot rules. Ten rural communities were involved in the first year of the grant. The next year, state agencies and grants established the North Dakota Telepharmacy Project, which now supports more than 50 remote retail and hospital pharmacy sites throughout North Dakota. In this program, a licensed pharmacist at a central site communicates with remote site pharmacy technicians and patients through videoconferencing.

In 2003, due to the success of the pilot project, the state Board of Pharmacy established permanent <u>rules</u> allowing telepharmacy to be practiced on a broader scale (N.D. § 61-02-08-01 et seq.). The permanent rules allow (1) a retail pharmacy to

open and operate in certain remote rural areas of the state without a licensed pharmacist being physically present in the store and (2) a pharmacist to supervise a registered pharmacy technician at a remote telepharmacy site using telepharmacy technology to dispense prescriptions to patients, provide drug utilization review, and counsel patients. Among other things, the rules require that:

1. the pharmacy and remote site be connected by a computer, video, and audio links;

2. a registered pharmacy technician be present at the remote site;

3. the pharmacist compare the stock bottle, drug dispensed, and its strength via the video link, with the entire label checked for accuracy; and

4. the pharmacist must counsel the patient or his or her agent on all new prescriptions and refills using the video and audio links.

The project has expanded over time and there are 81 pharmacies currently involved (25 central pharmacies and 56 remote sites). Of the pharmacies, 53 are retail pharmacies and 28 are hospital pharmacies. Thirty-eight (73%) of the state's counties are involved in the project, as well as two counties in Minnesota. Since the project began, approximately 80,000 rural residents have had pharmacy services restored, retained, or established through the project. According to the project's <u>website</u>, it has restored access to health care in remote, medically underserved areas and added approximately \$26.5 million in economic development to the local rural economy.

https://www.cga.ct.gov/2013/rpt/2013-R-0423.htm

## ND Telepharmacy Project – Technician Education The North Dakota State College of Science Certified Pharmacy Technicians Program offers three North Dakota State College of Science pharmacy technician training program options: One and two year Associate in Applied Science degrees. • Degrees include an eight week internship in community and hospital pharmacies. Pharmacist-Assisted Technician Self-Instructional Modules (PATSIM) are ASHP-accredited for pharmacy technicians . All pharmacy technicians are registered with the North Dakota Board of Pharmacy. 56 Telepharmacy: Path to the Telehealth Future

## Assessment of Pharmacy Technicians' Salary, Benefits, and Responsibilities in North Dakota

David M Scott, PhD and Diane Halvorson J Pharm Technology, Volume 23, May/June 2007 http://journals.sagepub.com/doi/abs/10.1177/875512250702300304

**Background:** While the number of pharmacist workforce studies being published is growing, few studies report accurate information concerning the wages, benefits, and responsibilities of pharmacy technicians.

**Objective:** To evaluate the wages, benefits, and responsibilities of pharmacy technicians in North Dakota.

Methods: A mail survey for pharmacy technicians was modified based on the Wage and Benefit Survey for pharmacists used in the Upper Midwest Pharmacists Workforce Study. A list of responsibilities was added to this survey to represent technicians' responsibilities in North Dakota. A survey packet then was mailed to the 456 pharmacy technicians registered in North Dakota. A follow-up postcard and a second survey were mailed to nonrespondents at 4 and 8 weeks, respectively. **Results:** Overall, 256 (56.1%) completed surveys were available for analysis. Pharmacy technicians reported that they worked in a primary employment setting (n = 228) an average of 36.8 hours per week and received an average of 2.3 weeks of vacation. The average hourly rate was \$12.34 (\$7.00–25.48) and the gross 2004 salary (excluding benefits) was \$21,627 (\$880–41,600). Hospitals had the highest average

hourly pay rate (\$12.40), followed by independent (\$12.35) and chain (\$12.01) pharmacies. Grandfathered technicians (those registered in 1994 when the registration requirement was passed in North Dakota) received the highest average hourly pay rate at \$13.11, followed by 1 year, 2 year, and Pharmacist-Assisted Technician Self- Instructional Modules (PATSIM) graduates. The hourly rate for grandfathered pharmacy technicians who have since become certified (\$13.30) was highest. Differences between certified and noncertified groups were \$0.10 more for 1 year graduates and \$0.20 for PATSIM graduates; the difference between grandfathered technicians and 2 year graduates was \$0.30. Commonly reported benefits included paid vacation (80%), health insurance for the employee (67%), sick leave (56%), and tax-sheltered plans (54%). Other benefits received were discounts on purchases (61%) and discounts on prescription drugs (54%). Among the most frequently cited distributive functions that technicians perform in their work setting included retrieving products from stock, followed by working with inventory, checking in and putting away medications, filling routine stock supplies, and affixing prescription labels to containers.

**Conclusions:** Pharmacy technician wages, benefits, and responsibilities in North Dakota are reflective of levels of training, experience, and certification status. While similar assessments have been conducted on pharmacists in other states, there is a need for similar data on pharmacy technicians.

J Pharm Technol 2007;23:148-57.



# Assessment of Pharmacy Technicians' Salary, Benefits, and Responsibilities in North Dakota

David M Scott, PhD and Diane Halvorson

J Pharm Technology, Volume 23, May/June 2007

http://journals.sagepub.com/doi/abs/10.1177/875512250702300304



Telepharmacy Map

https://www.ndsu.edu/telepharmacy/telepharmacy\_map/

https://www.ndsu.edu/fileadmin/\_migrated/pics/Telepharmacypic..jpg



## What is telepharmacy?

Through the use of state-of-the-art telecommunications technology, pharmacists are able to provide pharmaceutical care to patients at a distance. Telepharmacy expands access to quality health care to communities nationwide, primarily in rural, medically-underserved areas.

Through the North Dakota Telepharmacy Project, a licensed pharmacist at a central pharmacy site supervises a registered pharmacy technician at a remote telepharmacy site through the use of video conferencing technology. The technician prepares the prescription drug for dispensing by the pharmacist. The pharmacist communicates face-to-face in real time with the technician and the patient through audio and video computer links. The North Dakota Telepharmacy Project is a collaboration of the NDSU College of Pharmacy, Nursing, and Allied Sciences, the North Dakota Board of Pharmacy, and the North Dakota Pharmacists Association. North Dakota was the first state to pass administrative rules allowing retail pharmacies to operate in certain remote areas without requiring a pharmacist to be present.

To date there are eighty-one pharmacies involved in the North Dakota Telepharmacy Project, twenty-five central pharmacy sites and fifty-six remote telepharmacy sites. Of the eighty-one pharmacies involved, fifty-three are retail pharmacies and twenty-eight are hospital pharmacies. Thirty-eight counties (73%) in North Dakota are involved in the project and two in Minnesota. (See the <u>North Dakota Pharmacy</u> <u>Services Map</u> link for details).

Approximately 80,000 rural citizens have had their pharmacy services restored, retained, or established through the North Dakota Telepharmacy Project since its inception. The project has restored valuable access to health care in remote medically underserved areas of the state and has added approximately \$26.5 million in economic development to the local rural economy including adding 80-100 new jobs.

Licensed pharmacists provide traditional pharmacy services, including drug utilization review, prescription verification, and patient counseling to a remote site via telepharmacy technology. Retaining the active role of the pharmacist helps assure the delivery of safe, high quality pharmacy services that can be at risk when the pharmacist is left out as in the case of internet and mail-order pharmacies. Telepharmacy sites in North Dakota are full service pharmacies that have complete drug inventories, including over-the-counter and prescription drugs as well as health and beauty aids and other general store merchandise.

https://www.ndsu.edu/telepharmacy/

Do remote community telepharmacies have higher medication error rates than traditional community pharmacies? Evidence from the North Dakota Telepharmacy Project. Friesner DL, Scott DM, Rathke AM, Peterson CD, Anderson HC.

J Am Pharm Assoc (2003). 2011 SepOct;51(5):58090.

https://www.ncbi.nlm.nih.gov/pubmed/21896455

Conclusion: This study reported a lower overall rate (1.0%) and a slight difference in medication

dispensing error rates between remote telepharmacy sites (1.3%) and comparison sites (0.8%).

Both rates are comparable with nationally reported levels (1.7% error rate for 50 pharmacies).



## Telepharmacy in a rural Alberta Community Cancer Network

## Gordon HL, Hoeber M, Schneider A.

<u>J Oncol Pharm Pract.</u> 2012 Sep;18(3):366-76. doi: 10.1177/1078155211431858. Epub 2012 Feb 29.

http://www.ncbi.nlm.nih.gov/pubmed/22378811

## Abstract

Telepharmacy services were developed and adopted to compensate for the absence of a pharmacist in rural Cancer Centers. Preparation included the formation of an advisory committee, development of a training and certification process, establishing new policies and operating procedures, collecting utilization data and a survey of patient and user satisfaction. Pharmacy technicians at two remote community cancer centers were connected by telehealth with pharmacists at one of the two coordinating centers to oversee the compounding of intravenous (I.V.) chemotherapy and provide clinical review of physician orders. In 8 months of telepharmacy use, 247 intravenous preparations were compounded for 47 cancer patients during 109 treatment visits. Approximately 45,000 km (27,000 miles) of patient travel were averted. Pharmacy staff estimates requires an average of 10 additional minutes to process and compound each chemotherapy preparation. Nurses estimate an average of 27.5 additional minutes required to coordinate information for each patient order.



# Availability and Deployment of Telemedicine/Telehealth Technologies in Rural Alaska

Mr. Burhan Khan, Ms. Vanessa Y. Hiratsuka, MPH, Dr. Denise Dillard, PhD, Dr. Renee Robinson, PharmD, MPH, and Dr. Marjorie Mau, MD

HHS Public Access Author manuscript Fed Pract. Author manuscript; available in PMC 2015 December 23.

Published in final edited form as: Fed Pract. 2012 December ; 29(12): 19–21. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4689206/

## Abstract

Telemedicine technologies are important lifelines for patients in rural areas. This study found 5 different telemedicine technologies used by patients throughout the Anchorage Service Unit and sheds light on the diverse internal and external teams involved in these services.

RESULTS

There were 5 different telemedicine technologies used to provide primary care services to patients throughout the Anchorage Service Unit:

http://img.medicalexpo.com/images\_me/photo-g/100260-8146413.jpg



Watch Now: e-Pharmacy, A Vital Connection https://baptisthealth.net/baptist-health-news/electronic-pharmacy/

Sitting within Baptist Health's Telehealth Center in Coral Gables, pharmacist Gloria Kelly works with the doctors in the hospitals' ICUs to ensure the right medications and dosages are being administered to the patients.

Ms. Kelly also works closely with patients of <u>Baptist Health Home Care</u> to review the medications with which they are sent home from the hospital and the ones they take at home, including over-the-counter products. One goal: To prevent harmful interactions, omissions of necessary medications, double doses or inadequate doses. The ultimate goal: To keep patients, like Marcial Garcia, safe.

Through video chat, Ms. Kelly connects with Mr. Garcia, checks up on his medications and educates him about important health risks associated with what he has been prescribed.





**Update: Independently Owned Pharmacy Closures in Rural America, 2003-2013** *Fred Ullrich, BA; Keith J. Mueller, PhD* 

Brief No. 2014-7 June 2014 <u>www.public-health.uiowa.edu/rupri</u> <u>http://cph.uiowa.edu/rupri/publications/policybriefs/2014/Pharm%20Closure%20Bri</u> <u>ef%20June%202014.pdf</u>

The number of retail pharmacies that were the only pharmacy in the community declined fairly steadily between March 2003 and May 2009 (from 2,063 to 1,767) but has remained relatively unchanged since then, with 1,773 such pharmacies in December 2013 (Figure 2).

Rural Counties in Florida			
	Florida Urban Counties	Florida Rural Counties	Done Low
•	Florida has 37 urban counties with a population of 19,500,000 (95.3% of the state).	<ul> <li>Florida has 30 rural counties based on the 2010 census, with a population of 967,000 (4.7% of the state).</li> </ul>	Harden Annound
•	Florida's urban counties average 159 pharmacies per county, serving an average of 4,128 people.	<ul> <li>Florida's rural counties average 9 pharmacies per county, serving an average of 3,811 people.</li> </ul>	Delicio 12 delicio 14
•	There is one pharmacy every 13 square miles in Florida's urban counties.	<ul> <li>There is one pharmacy for every 101 square miles in Florida's rural counties.</li> </ul>	
▶ 65 Telepharmacy: Path to the Telehealth Future			



## Illinois village loses pharmacy, gains telepharmacy

DIETERICH, III. -- The pharmacy in the central Illinois village of Dieterich closed several years ago. But the town of 600 residents soon will be able to fill prescriptions locally again through a new tele pharmacy.

Tele pharmacies allow off-site pharmacists to help patients via a secure video link. The Effingham Daily News reports {http://bit.ly/2906fMP } pharmacist LaDonna Poehler will provide tele pharmacy services at the Dieterich clinic from her pharmacy in the nearby city of Newton.

Dr. Michelle Braddy practices medicine in Dieterich. She says the telepharmacy will help patients who have been driving to Effingham or Newton to fill their prescriptions.

http://www.dailyherald.com/article/20160629/news/306299805/

http://www.effinghamdailynews.com/news/local\_news/closer-look-telepharmaciesgaining-popularity-in-small-towns-like-dieterich/article\_d21e1f63-1cd9-5383-93d1-8959334f94da.html



## Phoning it in: Telepharmacy connects rural patients

JULIE WOOTTON jwootton@magicvalley.com Jan 19, 2017

SHOSHONE — For the first time in 15 years, Shoshone residents don't have to travel to another town to get their prescription medications. Shoshone Pharmacy opened Dec. 22 on South Apple Street. But it's not your average pharmacy.

The owner says it's the first telepharmacy in Idaho to open from the ground up — meaning it's not affliated with an existing hospital or clinic. It allows an on-site pharmacist to approve orders remotely and do consultations with patients using live video conferencing.

It will allow Shoshone's 1,500 residents to fill prescription medications they rely on without having to travel to another town. "It's bringing pharmacy back to rural Idaho," owner/pharmacist Jason Reading said.

And beyond Shoshone, many Magic Valley hospitals use telemedicine services and are looking to expand their offerings.

http://magicvalley.com/news/local/phoningitintelepharmacyconnectsruralpatients/ar ticle\_2d27e4d6efc350599dc923ef84dfe8b9.html

http://magicvalley.com/news/local/phoning-it-in-telepharmacy-connects-rural-patients/article\_2d27e4d6-efc3-5059-9dc9-23ef84dfe8b9.html

## **Telepharmacy Startups in Rural America**

Implementation of a Telepharmacy Service to Provide Round-the-clock Medication Order Review by Pharmacists



Implementation of a telepharmacy service to provide round-the-clock medication order review by pharmacists

Douglas S. Wakefield, Marcia M. Ward, Jean L. Loes, John O'Brien, and Leevon Sperry Am J Health-Syst Pharm—Vol 67 Dec 1, 2010 Case Study Telepharmacy service

Effective execution of all aspects of the medication-use process, including prescribing, dispensing, and administration, is necessary to ensure high-quality, safe medication practices. Many regulatory, advisory, and purchasing groups have established numerous requirements and recommendations for improving medication safety. Chief among these is the need for pharmacist review of medication orders before medications are dispensed and administered to patients.

Approximately half of all medication errors occur in the prescribing stage of the medication-use process and may be attributed to the prescriber's lack of knowledge of a drug, the prescriber's failure to adhere to accepted practices and procedures, or general slips and memory lapses during the ordering process.4 Pharmacist review of medication orders reduces prescribing errors, as the pharmacist screens the orders for incorrectly prescribed medications (e.g., wrong drug, wrong dose, wrong frequency), interactions, and contraindications. The potential advantages of medication order review in acute care facilities have been previously discussed in-

depth.

https://www.nodakpharmacy.com/pdfs/telepharmacyFirstDose.pdf



## Around-the-Clock Review Via Telepharmacy

Pharmacy Practice News OCTOBER 11, 2016

When Tyson Frodin, PharmD, became the pharmacy director of North Canyon Medical Center in Gooding, Idaho, in 2012, the 15-bed critical access hospital only had pharmacist coverage from 7:30 a.m. to 4 p.m. each day.

Dr. Frodin suggested an arrangement in which he would cover the hospital remotely from home after hours. The medical center's senior leadership loved the idea but suggested he expand it to include other hospitals in their regional cooperative. The result? A telepharmacy service, established in 2013, that covers five hospitals 24/7, in which Dr. Frodin and four other telepharmacists—all current or former employees of those hospitals—review and verify medication orders, enter orders in patients' EHRs, check for drug interactions, review medication strength and route, and consult with physicians as needed.

Through the Idaho service, telepharmacists work from home offices using dedicated laptop computers with secure access to each hospital's EHR and pharmacy system. They promise 15-minute turnaround times to verify and enter stat orders and 60-minute turnaround times for standard orders, although they're averaging 13-minute turnaround times on all. It's been so successful that they want to bring on another three hospitals this fall, Dr. Frodin said.

http://www.pharmacypracticenews.com/Technology/Article/10%AD16/Around%ADt

he%ADClock%ADReview%ADVia%ADTelepharmacy/38231/ses=ogst



## Telepharmacy expansion could help rural pharmacies survive

Monday, April 25, 2016 10:25 AM Business Record

Newly enacted legislation expands a pilot project that will let so called telepharmacy services go statewide in communities with more than 500 residents, Radio Iowa reported.

Gov. Terry Branstad last week signed the bill effective July 1, which allows qualifying pharmacies without a pharmacist on staff to offer customers telepharmacy services. Telepharm, an Iowa City company which offers the services of a licensed pharmacist to remote locations in 12 other states, was the state's first telepharmacy pilot project.

"There's a lot of pharmacies that have closed in rural Iowa over the last couple of years, so this will bring back a lot of pharmacies," owner Roby Miller said. "It will also save a lot of pharmacies from closing."

**Business Record** 

http://www.businessrecord.com/Content/Default/AllLatestNews/ Article/Telepharmacyexpansioncouldhelpruralpharmaciessurvive/3/248/72929



## Cardinal Health buys Iowa telepharmacy startup

Matthew Patane , mpatane@dmreg.com

Aug. 26, 2016

Cardinal Health, a large provider of health care services, has purchased a four year old Iowa startup that has focused on setting up telepharmacies across rural parts of the state.

Ohio based Cardinal health acquired TelePharm, based in Iowa City, in a deal that closed last month, representatives from both companies confirmed to the Register Friday.

TelePharm provides a web based way to offer remote pharmacy services, such as approving prescriptions. The company's platform also offers a type of video conferencing system so patients can speak to a pharmacist who is not physically present.

http://www.desmoinesregister.com/story/tech/2016/08/26/cardinal-health-buysiowa-telepharmacy-startup/89222040/

## Corridor startup TelePharm snapped up by Cardinal Health

By Dave DeWitte August 29, 2016

dave@corridorbusiness.com

With a quiet but lucrative sale to health care giant Cardinal Health, Iowa City's TelePharm has gained a strong partner in its goal to improve access to pharmacy

services and demonstrated that the Corridor's growing entrepreneurship support network is working.

Cardinal Health, a \$26 billion public company by market capitalization, acquired TelePharm in July for an undisclosed amount. TelePharm will maintain its headquarters in Iowa City, and its team of 18, including founder Roby Miller, will remain under Cardinal Health, which is based in Dublin, Ohio.

Mr. Miller and his team developed a web based platform that allows pharmacists at a central location to communicate with customers and oversee the dispensing of pharmaceuticals at remote locations. The system was used to open lowa's first telepharmacy in 2012 in Victor, and has since helped retain or restore pharmacies in many rural communities, many of which can't support an onsite pharmacist. http://www.corridorbusiness.com/news/corridorstartuptelepharmsnappedupbycardi nalhealth/



## The business case for telepharmacy: Remote dispensing of medications — tomorrow's telepharmacy.

By Peter B. Nichol OCT 4, 2016 CIO

PipelineRx offers a telepharmacy technology platform called PowerGridRx. This HIPAA-compliant solution is a remote telepharmacy service for next-generation medication order queue management. It's an industry-first telepharmacy technology platform. The system provides 24/7, real-time medication order review and verification, improves medication order workflow visibility and operational control, and benefits from national coverage. What's the bottom line? It has the potential to save better than 20% of costs when compared to in-house staffing. One of the benefits is that PowerGridRx allows the telepharmacist one processing view of orders from all IT systems, and across various hospitals and care settings. PowerGridRx creates a clear benefit not only for rural towns but also for traditional pharmacies that are looking to compete with the larger chains.

In February 2016, Dartmouth-Hitchcock (D-H) Medical Center selected the PowerGridRx technology platform to help optimize pharmacy workflow and improve patient care. Founded in 2009, today, PipelineRx has 120 folks supporting its operations, with \$14.92 million raised in funding.

## PipelineRx<sup>™</sup> Telepharmacy Services

Our fully managed and staffed Telepharmacy Services option provides 24×7 access to experienced clinical pharmacists for expert order processing, including on-demand coverage. Click here to view our current service area. This solution is designed for organizations that want to: Provide 24×7, real-time medication order review and verii? cation Improve medication order workflow visibility and operational control Comply with all regulatory requirements regarding order retention Consolidate data for reporting and analysis Access best practices and standardizations Benefit from national coverage http://www.pipelinerx.com/solutions/pipelinerxremotetelepharmacyservices/#.WOL HI nyuHs

http://itelemedicine.com/wp-content/uploads/2015/07/telepharmacy-market11.jpg



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Provide 24×7, real-time medication order review and veri<sup>®</sup> cation

Improve medication order workflow visibility and operational control

Comply with all regulatory requirements regarding order retention

Consolidate data for reporting and analysis

Access best practices and standardizations

Benefit from national coverage

http://www.pipelinerx.com/solutions/pipelinerxremotetelepharmacyservices/#.WOL HI\_nyuHs

## CPSI and PipelineRx Bringing Telepharmacy Services to Community Hospitals

CPSI Adds Remote Pharmacy Services to Aid Small and Rural Hospitals with Efficiency, Quality of Care

November 17, 2016 10:00 AM Eastern Standard Time

MOBILE, Ala.(BUSINESS WIRE)CPSI

(NASDAQ: CPSI), a leading provider of healthcare information solutions, today announced that the Company has teamed with PipelineRx to offer a cutting edge telepharmacy solution designed to help small and rural community hospitals provide

firstclass care. The remote pharmacy solution through PipelineRx will be sold by TruBridge, the member of the CPSI family that provides business, IT and management consulting and services.

http://www.businesswire.com/news/home/20161117005175/en/CPSI-PipelineRx-Bringing-Telepharmacy-Services-Community-Hospitals

http://www.pipelinerx.com/assets/telepharmacy-map-03-22-2017.jpg http://itelemedicine.com/wp-content/uploads/2015/07/telepharmacy-market11.jpg



## Telepharmacy Now: A Look at Telepharmacy for Independent Pharmacies

December 15, 2016

PBA Health

https://www.pbahealth.com/telepharmacynowalookattelepharmacyandwhyforindep endentpharmacies/

The number of independent pharmacies has decreased steadily over the past five years from 23,106 in 2011 to 22,160 in 2015, according to the 2016 edition of the NCPA Digest, an annual publication from the National Community Pharmacists Association (NCPA) that profiles the independent community pharmacy market. With the number of independent pharmacies dwindling, those operating must consider how to compete to stay in business.

A possible solution is telepharmacy. Telepharmacy serves as an extension of a pharmacy's current business, and allows for remote dispensing of prescriptions. Telepharmacy eliminates pharmacists' jobs. "Rural pharmacies are closing at an alarming rate, and when a rural pharmacy closes, that's the loss of a job," said Adam Chesler, director of regulatory affairs at Cardinal Health. "When you add a telepharmacy, you're not only helping the overall economy of that town, but you're actually increasing the amount of pharmacists' jobs there; you're increasing access to the pharmacists. Every time you open a telepharmacy you're creating jobs." Telepharmacy will take prescription business away from your other pharmacy.

of filled prescriptions," Chesler said.

Telepharmacy increases the risk of diversion or robbery. "If someone wants to rob a pharmacy, they're going to rob a pharmacy, whether a pharmacist is on site or not," Chesler said. "Telepharmacies have cameras covering every square foot of their facility and panic buttons are also put in place. Regarding diversion, you want your top technicians in these pharmacies; the ones who look at their profession as a career, and are ready to take that next step in advancing their role."

Telepharmacy is less accurate. "Telepharmacy, when performed correctly, can be more accurate than a traditional pharmacy due to all the additional checks and balances that are built into the system," Chesler said.

Telepharmacy is similar to FaceTime and Skype. "Telepharmacy is not FaceTime or Skype, but a secure pointtopoint video feed that is electronically documented and barcode scanned of a prescription to the patient from point of entry through remote dispense," said Brian Glaves, director of sales at ScriptPro.





## References

## Telepharmacy: New Jobs, Expanded Opportunities Telepharmacy is more than just phoning it in.

http://drugtopics.modernmedicine.com/tag/vaccination-and-immunization-resource-center

Kmart Opens First Telepharmacy with Plans for More

The first test store in Des Plaines could be just the start.

http://drugtopics.modernmedicine.com/drug-topics/news/kmart-opens-first-telepharmacy-plans-more

## **State Regulation of Telepharmacy**

MARCH 23, 2016 Anne Compton-Brown, JD, and Serj Mooradian, JD http://www.pharmacytimes.com/news/state-regulation-of-telepharmacy?p=2

Current practices and state regulations regarding telepharmacy in rural hospitals. Am J Health Syst Pharm. 2010 Jul 1;67(13):1085-92






## Telehealth/Telepharmacy Summary

Telehealth and Telepharmacy projects develop out of a clear health care need - the delivery of care to remote populations.

- 1. Telehealth and telepharmacy projects often start with grant funding and involve a university or other health care organization to create the initial technical system.
- 2. Telehealth and telepharmacy projects are often initially anchored in medical centers that can afford the overhead of the project and its telecommunication infrastructure.
- 3. Regulatory legislation and oversight are generally required before the telehealth or telepharmacy activities begin.
- 4. Now, with the success of initial telepharmacy projects, larger health care companies are realizing the value of investment in interactive telecommunications solutions for pharmacies.

Telepharmacy: Path to the Telehealth Future

▶ 80



## Picture:

https://www.pppmag.com/documents/V13N8/images/ppp\_1608\_sopa\_summary\_ch art1.jpg

Examining the role of new technology in pharmacy: now and in the future

## <u>Supplements</u>11 FEB 2014By Stephen Goundrey-Smith

Pharmacists rely heavily on technology to help them do tasks that are often complex. Stephen Goundrey-Smith takes a look at what is available on the market

Over the past 40 years, information technology has had a major impact on the working lives of millions of people. Many industries have embraced computer technology because of the benefits of automated information processing. These include enabling routine, repetitive and monotonous tasks to be conducted with consistent accuracy; standardisation and consistent use of terminology and nomenclature; and mass customisation (the capacity of information technology to provide services to a large population, yet in a way that can be customised to the individual).

For prescribers and pharmacists, IT can enable the storage of structured patient records, facilitate the electronic prescribing, dispensing and administration of

medicines, automate the handling of medicines in the supply chain and provide tools for monitoring the efficacy and safety of medicines in use. IT can therefore improve patient safety, enable professionals to provide high quality care and help patients make the most of their medicines.

https://www.pharmaceutical-journal.com/examining-the-role-of-new-technology-in-pharmacy-now-and-in-the-future/11134174.article



Deployment of Pharmacy Automation Systems to Accelerate due to Increasing Deaths from Medication Errors

https://www.transparencymarketresearch.com/pressrelease/pharmacy-automation-systems-market.htm

With the presence of a large pool of both international and local players, the global market for pharmacy automation systems demonstrates a high degree of competition between participants, reports a new study by Transparency Market Research (TMR). The landscape, however, is consolidated, with CareFusion, AmeriSource, and Omnicell driving revenues for the most part. These companies together accounted for a share of nearly 50% in this market in 2011.

The increasing consolidation activities and little scope for product differentiation are likely to increase the rivalry between key players in the near future. The significant rise in the pharmacy automation start-up scenario in Asia Pacific and the Middle East is also expected to intensify this competition over the next few years, notes the study.

According to TMR, the global market for pharmacy automation systems presented an opportunity worth US\$4.7 bn in 2011. Expanding at a CAGR of 7.30% during the period from 2012 to 2018, it is likely to notch US\$7.8 bn by the end of the forecast period. Hospital pharmacy has emerged as the key end user of pharmacy automation

systems and is expected to remain dominant throughout the forecast period. Analysts project this segment to contribute US\$4.2 bn to the overall revenue generated in this market by the end of 2018.

Five Technology Trends: Changing Pharmacy Practice Today and Tomorrow AUGUST 20, 2015 Anthony Schueth, MS, William Hein, and Jeffrey Hull, RPh http://www.pharmacytimes.com/publications/directions-inpharmacy/2015/august2015/five-technology-trends-changing-pharmacy-practicetoday-and-tomorrow

WHAT'S TRENDING: TECHNOLOGY IN PHARMACY https://ajp.com.au/features/whats-trending-technology-pharmacy/

Three ways technology is improving pharmacy June 05, 2017 By Donna Marbury http://managedhealthcareexecutive.modernmedicine.com/managed-healthcareexecutive/news/three-ways-technology-improving-pharmacy





<ul> <li>A. Yes</li> <li>B. No</li> <li>C. Sometimes</li> <li>D. Maybe</li> <li>E. Don't Know</li> </ul>
<ul><li>B. No</li><li>C. Sometimes</li><li>D. Maybe</li><li>E. Don't Know</li></ul>
<ul><li>C. Sometimes</li><li>D. Maybe</li><li>E. Don't Know</li></ul>
D. Maybe E. Don't Know
E. Don't Know

tical access hospitals in the western states have benefited in the creation of telepharmacy services.
Yes
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A. Yes 3. No 2. Sometimes 5. Maybe 5. Don't Know		
3. No C. Sometimes D. Maybe E. Don't Know	A. Yes	
C. Sometimes D. Maybe E. Don't Know	3. No	
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